

# Manor Barn Care Home Monthly Newsletter



2 Appledram Lane South, Fishbourne, Chichester, West Sussex  
PO20 7PE

Our boutique luxury home delivering individual care for our residents



## A Memorable May at Manor Barn

What a bustling and wonderful May we've had at Manor Barn! We were delighted to launch our new monthly Dementia Cafe and our first session was truly special featuring an inspiring talk from Jacky at Sage House. These cafes will take place on the **first Wednesday of each month** and we'd love for you to join us.

The highlight of the month was undoubtedly our 80th VE Day celebrations. We felt so honored to pay tribute to our heroes and acknowledge the incredible sacrifices that paved the way for our freedom. It was a day filled with entertainment and enjoyment for all our residents, and a truly meaningful experience.





# Games, Exercise & Social Engagement

We're absolutely thrilled to introduce Liz, our wonderful new Activity Coordinator! Since joining us Liz has truly invigorated our days encouraging residents to be active and involved in a fantastic array of games and gentle sports. This focus on exercise and engagement is incredibly beneficial for all our residents as it not only helps maintain physical strength, balance and coordination but also significantly boosts mood, stimulates cognitive function and fosters vital social connections contributing to a greater sense of purpose and overall well-being



As always family and friends are warmly invited to join us for our upcoming events!

2nd June - 3-4pm - Andy & Chris playing Piano, Xylophone & The Glockenspiel

4<sup>th</sup> June - 11am Join our dementia Cafe

19th - 3-4pm - Treeanna singing all the greats

**28th June - 12pm - Manor Barn open day! Please join us for live Music, Magician and a BBQ. Get a feel for a day in the life at Manor Barn.**



To book a viewing 01277 886 299 [Alice@premiumcaregroup.co.uk](mailto:Alice@premiumcaregroup.co.uk)